



one bag. one order. one fry time.

riverside  
foods

Innovative Appetizers, Legendary Seafood



**Product Code:** 4756

**Product Name:** Battered Cauliflower with Cheese

Pack Size	6/2lb
Gross Weight	13 lbs
Count per Pound	25-35
Case Dimensions	L=15.9375", W=7.8125", H=8.125"
Cases per Layer / Cases per Pallet:	15/Layer, 8 Layers, 120/Pallet
Case Cube	0.58
Retail Unit Code Number	035038047567
Case Code GTIN Number	10035038047564
Shelf Life	12 Months at 0 degrees F or less.

**Product Description:** Tender cauliflower florets battered in a cheese enhancing coating.

**Ingredients:** Cauliflower Florets. Battered with Water, Bleached Wheat Flour, Modified Corn Starch, Yellow Corn Flour, Salt, Sugar, Soy Flour, Dextrose, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Mono and Diglycerides, Spice, Yellow 5, Natural Flavor, Red 40, Dried Whey, and Blue 1. Breaded with Bleached Wheat Flour, Salt, Whey, Canola Oil, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Whey, Salt, Disodium Phosphate, Yellow 5 and Yellow 6). Battered with Water, Food Starch-Modified, Rice Flour, Tapioca Dextrin, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Xanthan Gum, Salt, and Spice Extract. Par-fried with Clear Liquid Frying Shortening (Fully Refined Soybean Oil. Dimethylpolysiloxane, an anti-foam agent, added. With TBHQ anti-oxidant added to preserve freshness.)

**Allergens:** Milk, Soy, Wheat

**Cooking Instructions:** CONVENTIONAL OVEN - Heat oven to 450 degrees F. Place frozen product in a single layer on a sheet pan. Bake for 7.5 minutes. Turn product over and bake an additional 7.5 minutes. Allow to stand 2 minutes prior to serving. DEEP FRY - Preheat fryer to 350 degrees F. Place frozen product in fryer and fry for 3 minutes. Allow to stand 2 minutes prior to serving. PIZZA OVEN - Preheat oven for 5 minutes. Place frozen product in a single layer on a sheet pan. Bake for 12 minutes. Allow to stand for 2 minutes before serving.

# Nutrition Facts

About 9 servings per 2 lb (907 g) container

**Serving size**                    **6-8 pieces ( 100 g)**

**Amount Per Serving**

**Calories**

**137**

**% Daily Value\***

<b>Total Fat</b>	3 g	4%
Saturated Fat	0 g	2%
<i>Trans</i> Fat	0 g	
<b>Cholesterol</b>	0 mg	0%
<b>Sodium</b>	489 mg	20%
<b>Total Carbohydrates</b>	25 g	8%
Dietary Fiber	1 g	5%
Total Sugars	2 g	
Includes	0 g Added Sugars	0%
<b>Protein</b>	3 g	
Vitamin D	0.0 mcg	0%
Calcium	13 mg	1%
Iron	0.3 mg	2%
Potassium	94 mg	3%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.