



one bag. one order. one fry time.



Innovative Appetizers, Legendary Seafood



Product Code: 4300

Product Name: 3/8" Battered Onion Rings

Pack Size 4/2.5 lb
Gross Weight 11 lbs
Count per Pound 26-33
Case Dimensions L=16.314, W=10.814, H=8.128
Cases per Layer / Cases per Pallet: 10/Layer, 8 Layers, 80/Pallet
Case Cube 0.83
Retail Unit Code Number
Case Code GTIN Number 10035038043009
Shelf Life 18 Months at 0 degrees F or less

Product Description: 3/8" Battered Onion Rings

Ingredients: Onions. Battered with Water, Wheat Flour, Corn Starch, Modified Corn Starch, Yellow Corn Flour, Sugar, Salt, Dried Onion, Dextrose, Dried Whey, Sodium Alginate, Spice, Milk Protein Concentrate, Spice Extract, Yellow 5, and Red 40. Breaded with Bleached Wheat Flour, Salt, Whey, Canola Oil. Breaded with Bleached Wheat Flour, Whey, Sugar, Yeast, Salt. Parfried with Clear Liquid Frying Shortening (Soybean Oil, Dimethylpolysiloxane anti-foam agent, and TBHQ anti-oxidant to preserve freshness).

Allergens: MILK, WHEAT, SOY

Cooking Instructions: DEEP FRY: Place frozen product in preheated fryer at 350 degrees for 2-1/2 minutes, or until golden brown. Allow to stand 2 minutes before serving. CONVENTIONAL OVEN: Place frozen product in a single layer on a baking sheet pan. Bake in preheated oven at 400 degrees F for 6 to 7 minutes. Turn product over and bake an additional 6 to 7 minutes. Allow to stand 2 minutes before serving. PIZZA OVEN: Bake for 6 minutes. Allow to stand 2 minutes before serving.

Nutrition Facts

About 11 servings per 2.5 lb (1134 g) container

Serving size **6-7 pieces (100 g)**

Amount Per Serving

Calories

159

% Daily Value*

Total Fat	2 g	4%
Saturated Fat	0 g	2%
<i>Trans</i> Fat	0 g	
Cholesterol	0 mg	0%
Sodium	460 mg	19%
Total Carbohydrates	31 g	10%
Dietary Fiber	1 g	6%
Total Sugars	4 g	
Includes	0 g Added Sugars	0%
Protein	3 g	
Vitamin D	0.0 mcg	0%
Calcium	21 mg	2%
Iron	0.4 mg	2%
Potassium	106 mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.